

UK EPT Meeting: Orientation...

The Event will be based in 2 main locations: Leeds and the Colne Valley. Tuesday 28th May - Friday 31st will be in Leeds, then we will go to the Colne Valley for a weekend of Camping, visiting Permaculture Projects and having a party!

Price (Main meeting): 300 Euros

Non-funded Partner Price: 100 Euros (We hope to be able to refund some of this from surplus money).

Price for Creative Teaching Methods course (24/25/26th May): 100 Euros

[Arrivals](#)

[Directions:](#)

[1. Leeds](#)

[Accommodation](#)

[Headingley](#)

[Woodhouse](#)

[Chapel Allerton](#)

[Chapeltown](#)

[Kirkstall](#)

[2. The Colne Valley](#)

[About Edibles](#)

[How to Pay](#)

[Leeds Buses](#)

[What to Bring...](#)

[Contacts:](#)

[Departures](#)

Arrivals

Please arrive into Leeds during the afternoon of 27/05/2013 and make your way to Hollybush Conservation Centre.

Directions:

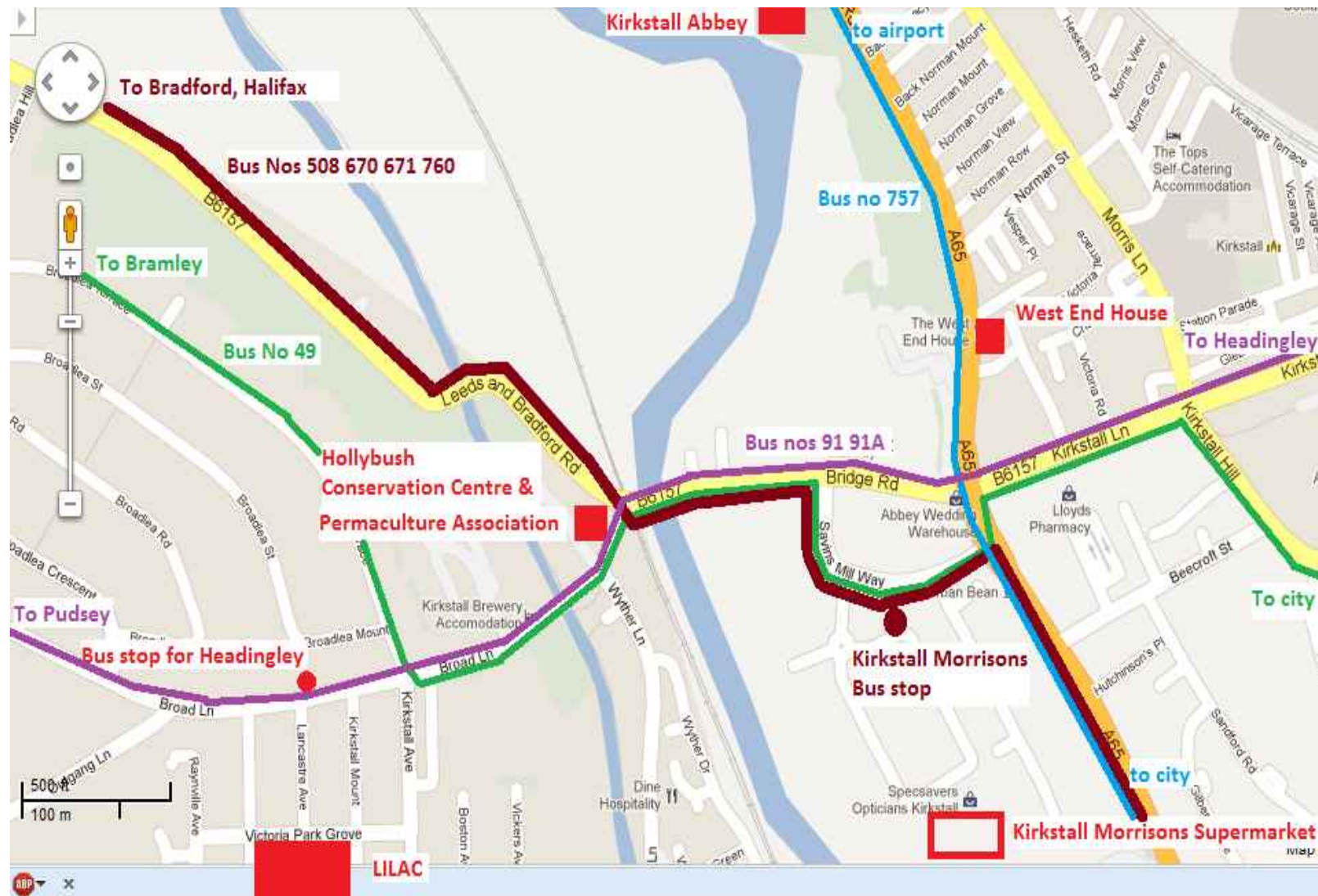
From the Airport: Bus number 757 - Ask the driver to put you off near "Kirkstall Leisure Centre". Look out for a ruined monastery on your right hand, and get off 2 stops later.. Buses run every 30 minutes.

From Leeds Train station: Take the train to Headingley station and walk down the hill, or

Walk up from the station to stop Y10 on “the Headrow” (See here for a map: http://www.wymetro.com/uploadedFiles/WYMetro/Content/BusTravel/maps_and_guides/Leeds_WTCYB.pdf). Take bus number 49 - Ask the driver to put you off at “Kirkstall Morrisons”.

From Leeds Bus & Coach Station: Take bus number 508, 670, 671, 757, 760 from the bus station. Ask the driver to put you off at “Kirkstall Morrisons” (The 757 stops near Kirkstall Morrisons - if the driver questions it, say “Kirkstall Leisure Centre”).

Map of Kirkstall area showing bus routes:



We will have dinner together at Hollybush at 7pm, welcome you to Leeds, tell you where you're staying and either take you or give you directions to get there. We'll give you a map of the area you're staying in, so you can find your way around.

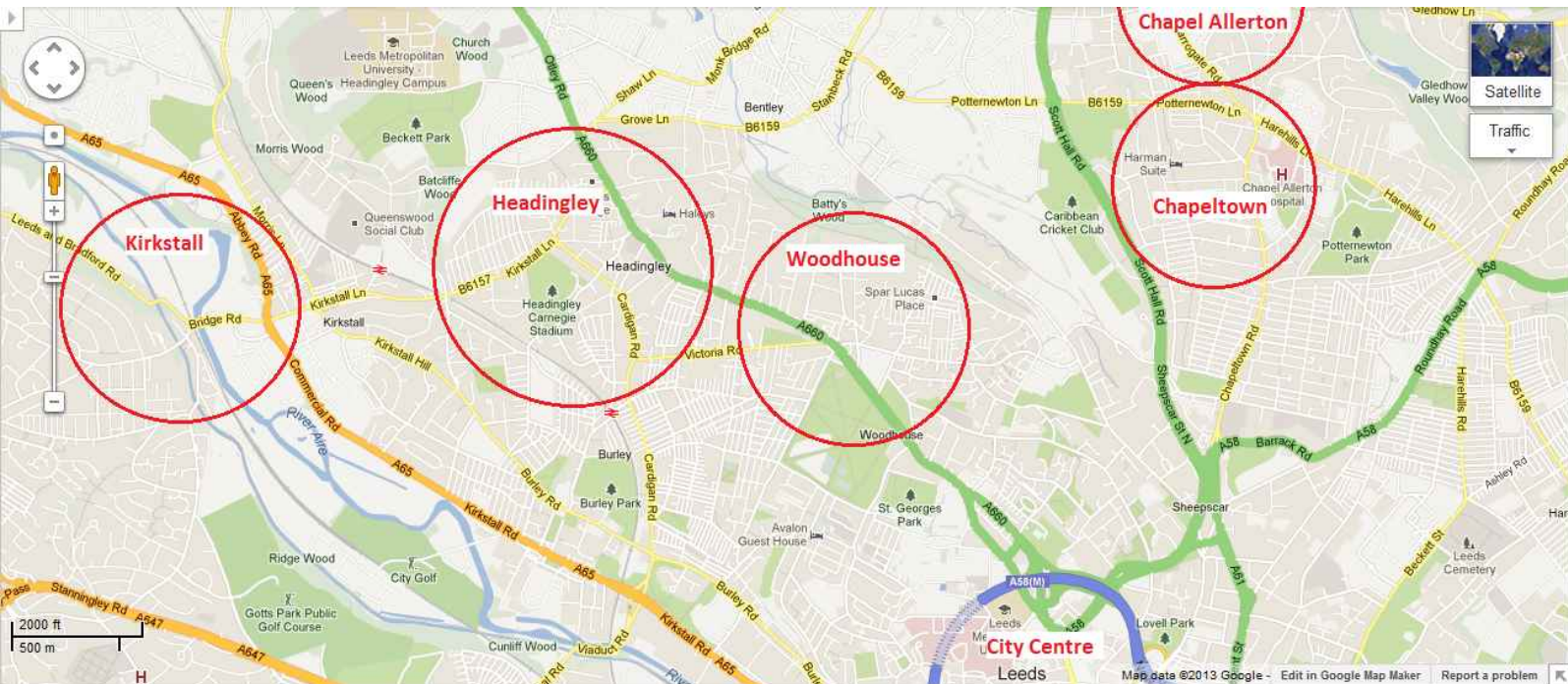
1. Leeds

Leeds is a city of some 750,000 people <http://en.wikipedia.org/wiki/Leeds> in the North of England. The meeting will be held at the Heart Centre: <http://www.heartcentre.org.uk/>.

This is in the Headingley district of the city. Lunch and Dinner will be eaten here and on one of the evenings we will have the option of visiting a local pub in Headingley to try some local ales.

Accommodation

Accommodation & Breakfast will be with local people in 5 main areas of the city: Kirkstall, Headingley, Woodhouse, Chapel Allerton & Chapeltown. They are connected to each other by bus no. 91 except Woodhouse, which is an easy walk to Headingley. See below for bus information.



About our hosts

Some of our hosts are into permaculture, some are interested in green living, but know a bit less about permaculture, and some know very little about permaculture. Many of them simply like meeting new people or have strong links with other European countries, or enjoy practicing their language skills.

So, there will be plenty of *edge*, and hopefully this will create a bit more space and an interesting dynamic for the meeting (a bit less of a pressure-cooker than some previous meetings!), as well as helping to spread permaculture ideas even more in Leeds.

Headingley

This is a busy neighbourhood with many amenities and a large student population (Leeds has 3 universities). It is also home to an international cricket stadium. Helen from the Permaculture Association lives here.

Recommended cafes (these can double up as breakout spaces during the meeting!):

- Heart Cafe (in the venue),
- Cafe Lento (great music, vegan options, very friendly staff) <http://cafelento.co.uk>
- Mint Cafe (Lebanese food; good range of vegan options) <http://mint-cafe.co.uk>
- Jino's Thai Cafe: Thai food; some vegan options. <http://www.jinosthaicafe.co.uk/>

Recommended pubs:

- The Original Oak: traditional English pub. Gets very busy with students and can be noisy. <http://www.theoriginaloakleeds.co.uk/>
- Arcadia: Great selection of beer: a choice of 7 or 8 locally brewed ales plus a wide range of imported beer on tap and in bottles; older, more discerning crowd. <http://www.marketowntaverns.co.uk/arcadia.asp?Tavern=Arcadia&Section=Main>

Recommended Shops:

- The Natural Food Store: locally owned health-food cooperative. <http://www.naturalfoodstore.coop/>



Woodhouse

Also home to lots of students, due to being close to Leeds University, Woodhouse is about 1.5km from Headingley. There are two housing co-ops, a nice traditional pub, “The Chemic Tavern” that is co-operatively owned, and a couple of small urban permaculture gardens. Barney, who volunteers at the Permaculture Association lives in Woodhouse.

Recommended pubs:

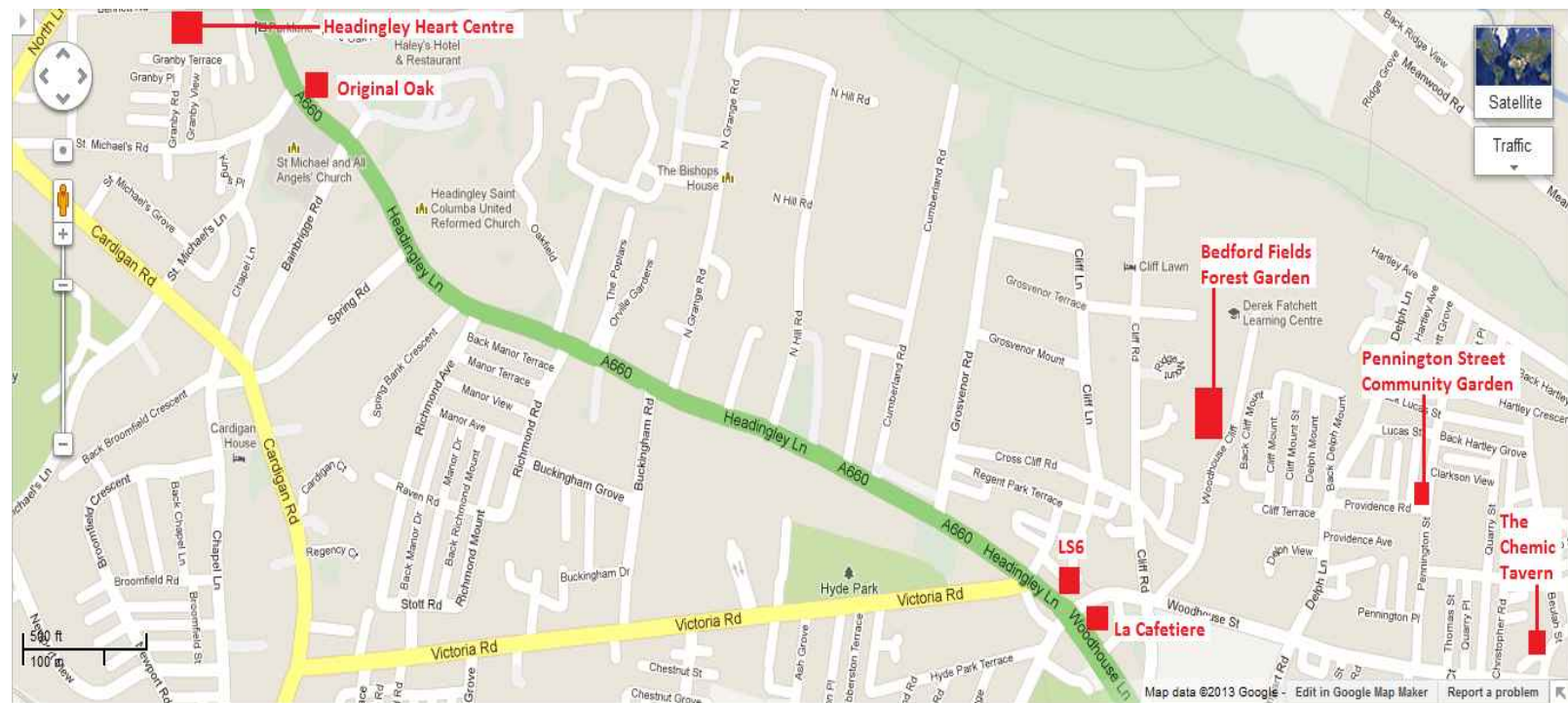
- The Chemic Tavern: traditional pub, co-operatively owned, nice crowd and good beers. Live music on Thursday night.

Recommended cafes:

- La cafetiere: North African food and coffee. Relaxed atmosphere.
- LS6: good coffee, food, funky decor. Hip student clientele.

Local points of interest:

- Bedford Fields forest garden - open access land.
- Pennington Street community garden - a few raised beds on former wasteland. Not too much to see.



Chapel Allerton

Chapel Allerton (from “Alder town”, after the *Alnus* trees that used to grow here) is 4km away from Headingley and is a leafy suburb. Harriet from the Permaculture Association lives in one of 3 eco houses that she built here with friends 20 years ago.

Recommended pubs & bars:

- The Regent: traditional English pub serving a good range of local and imported beer.
- 7 Arts

Recommended cafes

- Sunshine Bakery
- 7 Arts

Recommended shops

- Radish books



Chapeltown

Just down the road from Chapel Allerton, Chapeltown has been home to successive waves of immigrants, and still has large Caribbean & South Asian communities. It is home to Western Europe's oldest West Indian carnival, that happens every August on the same weekend as the bigger, more famous Notting Hill carnival. Andy Goldring, CEO of the Permaculture Association lives here.

Points of interest:

- Cornerstone - a radical housing cooperative committed to social change. Home to:
 - "Edible Cities" - a permaculture project with a plant nursery in the back garden: <http://ediblecities.co.uk/j/>
 - "Footprint" workers co-op: <http://www.footprinters.co.uk/>



Kirkstall

Kirkstall is 2.5km (30 minute walk) from Headingley. It is home to Kirkstall Abbey: a ruin of a 12th Century Cistercian monastery that once dominated the surrounding area. The Permaculture Association office is nearby, as is LILAC - the co-housing project where Joe lives.

Recommended pubs:

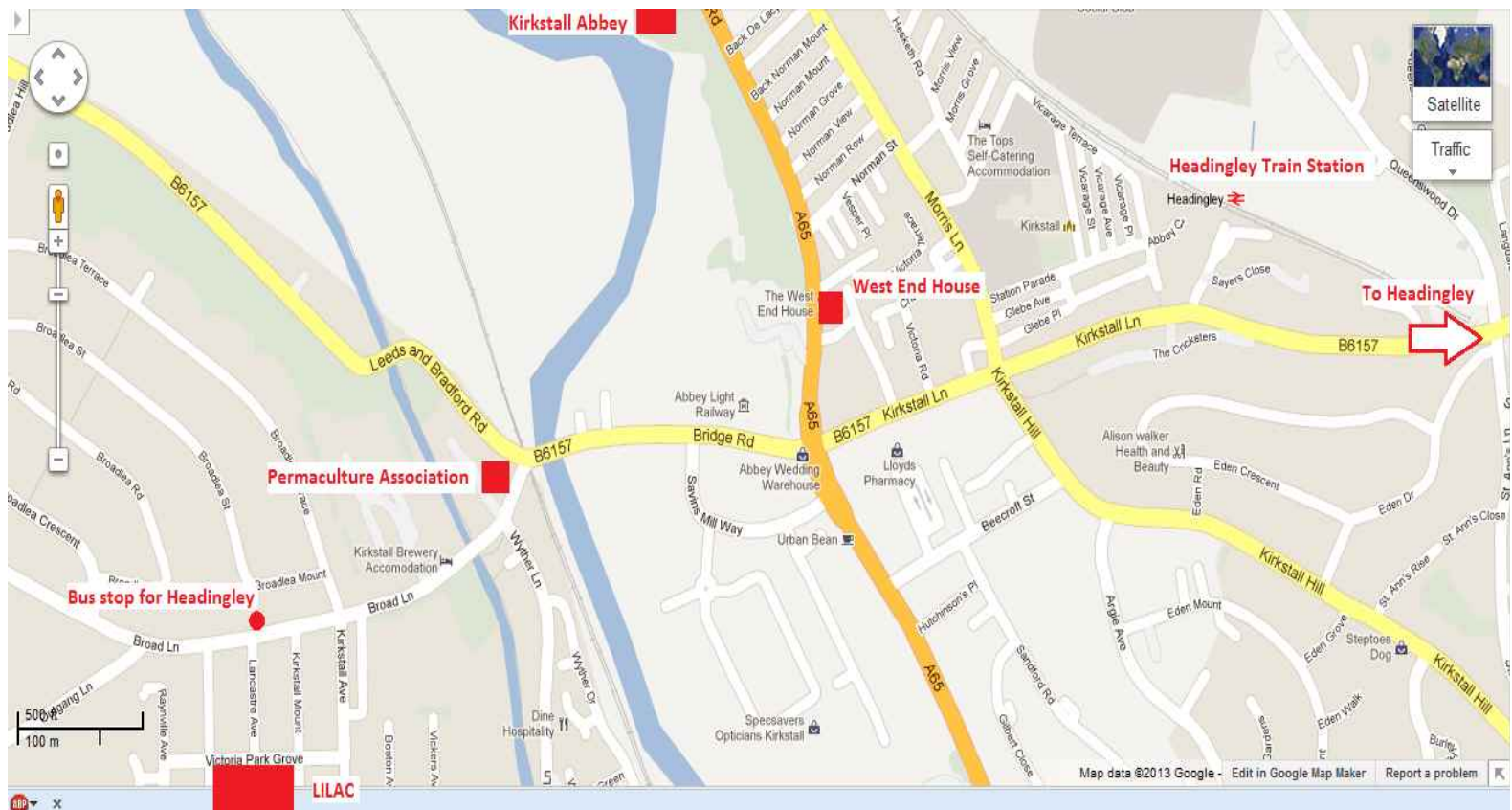
- West End House: Traditional pub with a decent selection of beers.
<http://www.westendleeds.co.uk/>

Recommended shops:

- Kirkstall Abbey Market: this monthly market will be open on Saturday 25th May & Sunday 26th. <http://www.kirkstalldelimitmarket.org.uk/>

Points of interest:

- Kirkstall Abbey: http://en.wikipedia.org/wiki/Kirkstall_Abbey
- Permaculture Association: <http://permaculture.org.uk>
- LILAC <http://lilac.coop>



2. The Colne Valley

The Colne Valley, in the Pennine hills to the West of Leeds hosts several interesting projects. It is home to Edibles: a smallholding and permaculture project (<http://www.edibles.org.uk/>). Britain's first Community Supported Bakery is also here (<http://www.thehandmadebakery.coop/>) and there is a locally owned co-operative grocers. There is also an active local transition group: <http://www.mastt.org.uk/>

While we're here, we will visit Offshoots Permaculture Project nearby. (<http://www.offshoots.org.uk/>) This is a well-established project which has very strong links with the local community, schools and local government.

About Edibles

Edibles is based at Paddock Farm, a 2-3km walk along the canal from the village of Marsden, which has several good pubs. Edibles have been working with the local high school and have recently introduced a Permaculture qualification for 14-16 year old children. It is a fairly young permaculture project, and so the infrastructure is still developing. Some facilities will be quite basic, so please be prepared to "rough it" a bit.

Toilets

There are 2 flushing toilets on site and there will be composting urinals.

Showers

There is 1 electric shower and there will be 1 solar shower: please take a shower in Leeds on Friday morning, and limit your showers at Edibles to 1 if possible. Of course, you could go for a swim in the reservoir nearby...

Wi-fi

There is free wi-fi access at the site.

Getting there & back

We will be hiring Mini-buses to take us from Leeds to Edibles, Edibles to Offshoots and back, and then back in to Leeds.

Logistics

How to Pay

You can pay in cash at the event, or via bank transfer.

The Permaculture Association's Bank details are as follows:

Bank Name: Unity Trust Bank

Sort code: 08 60 01

Account number: 20190615

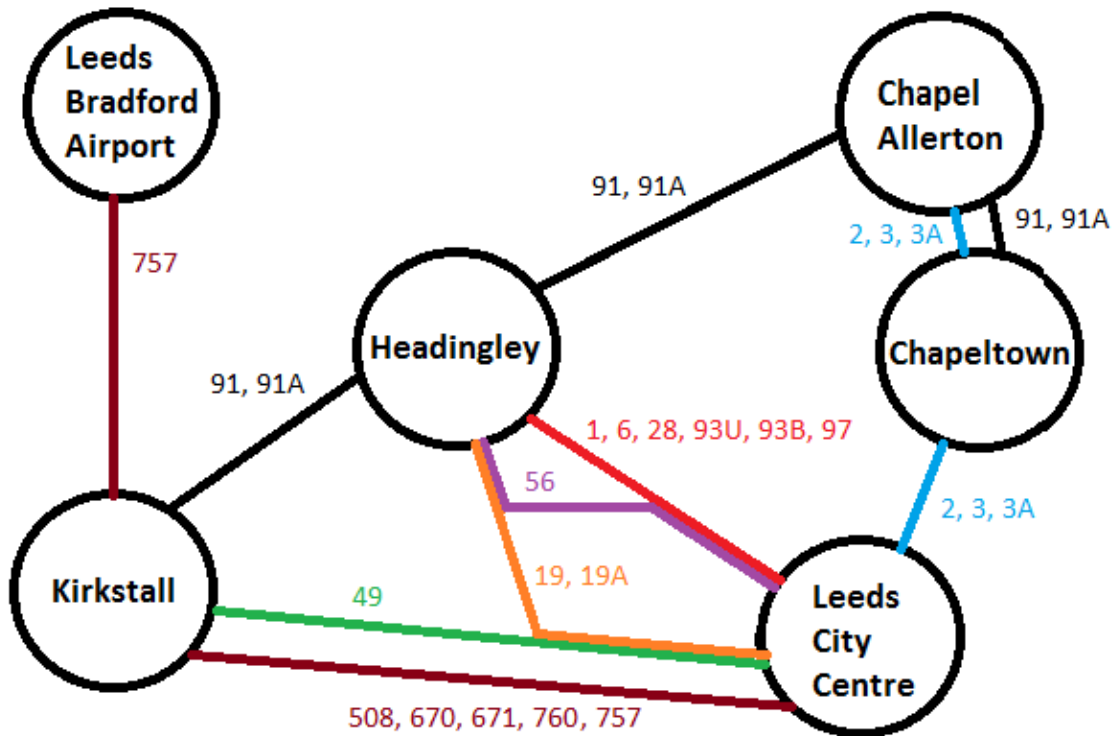
Account name: Permaculture Association

Swift code: CPBKGB22

IBAN Number: GB11 CPBK 0800 5150 0732 10

Leeds Buses

We're trying to promote the use of sustainable transport as much as possible, so we will either walk, or use local buses to get around. You will need to familiarise yourself with the bus routes. The following schematic diagram summarises the main bus routes for the areas we'll be in.



Relevant bus routes.

Leeds Bus Route Map:

http://www.wymetro.com/uploadedFiles/WYMetro/Content/BusTravel/maps_and_guides/Leeds_Route_Map.pdf

91 & 91A Bus Timetable:

http://www.wymetro.com/NR/rdonlyres/DE6141EE-8C56-4268-9A58-72DC1AACCF0C/0/091_BusTimetable.pdf

Other bus timetables: <http://www.wymetro.com/BusTravel/bustimetables>

Bus only metro pass: <http://www.wymetro.com/TicketsAndPasses/MetroCards/BusOnly>

What to Bring...

- Sleeping bag
- Towel
- Tent (if you are staying for the visits weekend; I will be able to hire one on your behalf if necessary for a small fee - let me know if you need one)
- Camping Mattress
- Warm clothes
- Even More Warm clothes! (It will get cold at night when you're camping)
- Waterproof coat
- Waterproof boots
- Clothes for working in
- Swimming costume - you can swim in the river at Kirkstall or the reservoir in the Colne Valley - but the water will be cool!
- Torch
- Money
- European health insurance card
- adapter for UK-plugs!!
- a present for your host (optional)
- Food/drink from your country for the inter-cultural evening
- Presentation of your permaculture project: a chance to show off what you've been working on (optional)
- Something to perform at the party on Saturday night - this could be a song you can sing, an instrument you can play, a poem you've written, a CD of music from your country...
- Last but not least - **A funny costume** to wear during the Saturday night party!

The Cultivating Learning team ask that you bring the following:

- One Icebreaker
- One short activity or game
- Your favourite session plan
- A 10-minute "micro-teach" that you will get the chance to deliver and receive feedback on (optional)

Contacts:

Joe: learn@permaculture.org.uk +44 (0) 78899 54547

Helen: finance@permaculture.org.uk

Departures

We will be leaving Edibles between 10 and 11am on Sunday 2nd June, to get back to Leeds before Lunch time. We can drop you off at the train station and/or airport.

If you have an early train or flight from Leeds, get in touch beforehand.

If you have some time to wait for a train in Leeds, there is a farmers and craft market in Leeds city centre on Sunday, between 10am and 4pm:

[http://www.visitleeds.co.uk/things-to-do/thedms.aspx?
dms=13&feature=1007&venue=2196216](http://www.visitleeds.co.uk/things-to-do/thedms.aspx?dms=13&feature=1007&venue=2196216)